NEWMARKET CYCLING AND TRIATHLON CLUB
TIME TRIAL SERIES

ASHLEY A - 11.2 MILES

All riders **must wear** an approved, hard-shell helmet conforming to a recognised standard

A **working** LED rear light, either flashing or constant, must be fitted in a position clearly visible to following road users and should be active while machine is in use

MP3 players or iPods **must not be worn**

Cycle Event sign
Place 50m from junctions, start and finish

Direction arrows
R = Right
L = Left
S = Straight
Place 50m from junctions

www.newmarketcyclingtriathlon.co.uk

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