

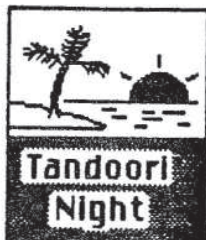
# THE SPOKESMAN TEAM CAMBRIDGE

Edition No 13 December 1990

## Editorial

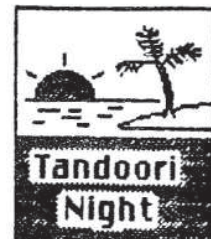
### Ian Cammish breaks 34 year old record

Many years ago when I first showed an interest in cycling, it seemed impossible to pick up a copy of Cycling Weekly without reading about the exploits of a cyclist called Ray Booty. He was the person that everyone all tried to emulate, the winner of many events. For those of you who may have never heard of Ray, he was the first person to break the four hour barrier for a 100 mile (out and back) time trial. This he achieved in 1956 with a time of 3.58.28, Ray also set the fastest time ever for a straight out 100 miles. Again he achieved this in 1956 with a time of 3.28.40. a record that was to stand for thirty four years. It is true that this time was beaten by Manchester Wheeler's Dave Arden in August 1990, a fine ride but it was most unfortuate for Dave that his attempt was not recorded with the RRA, the governing body for record attempts. However the record would not have lasted very long, for on November 1st 1990 local man Ian Cammish, the Raleigh professional shattered the old record by 11mins 44secs to complete a new course based on the A1, A604, and the A45 with the amazing time of 3hr 16min 56sec. Ian clocked 47min 37secs for the first 25 miles which is an average speed of over 33mph! Well done Ian - its a record that you deserve, which may take (the others) another 34 years to break.



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# TEAM CAMBRIDGE SPOKESMAN

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## New Members

Welcome to another first claim member this month, Tom Houston, Tom has joined us as a juvenile member, and spends a lot of his spare time building bikes.

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## Training in 1991

Most of you are well aware by now that your newsletter editor spends (with the exception of this year) most of his time working away from Cambridge. Subject to me being around early next season it has been decided to try and organise a training weekend. The intention is that we use a caravan site in Norfolk as a base while members carry out daily training rides. Ideally it would be more advantageous to train in a location like Devon, but distance and travelling arrangements would be a major problem. Accommodation in the form of my caravan awning will be used to house those members that are keen to come along. Of course there will have to be a charge to cover the site fees and food etc. Prospective riders will have to provide their own camp beds, and of course travelling arrangements will have to be planned. The site we have in mind is set in wooded heathland about 4 miles from Sheringham. It boasts a heated (outdoor) swimming pool and has a club where clients can drink and watch the odd live musician. (as opposed to dead ones) For those of you interested in steam trains the North Norfolk Railway runs along-side the camp. Also there is an excellent 3 mile nature trail which winds its way through the woods, this could be used for an early morning jog!!!

It is the intention that the training session takes place on a bank holiday weekend, so that we are there from a Friday evening returning late on Monday afternoon. No definite arrangements have been made, perhaps no-one will be interested or the newsletter editor will be out of the country once again. We will have to rely on some of our members to assist with transport to and from the site. If anyone is interested please inform Pauline, places will be on a first come first served basis, with a maximum number of five riders.

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## Next Edition

The next edition of The Spokesman will be published around mid January 1991, after our AGM. All members are reminded that this will take place on Jan 7th at 7.30pm at the Perne Road scout HQ.

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FORTHCOMING EVENTS

Hillclimb Sunday 30th December

"Positivley the last event of 1990"

Whilst Team Cambridge members are battling it out on the Beechwood course for the "Stuart Dingley (Finanacial Consultancy) Trophy" why not come along for a private ride and burn off some of those "Festive Calories" Hot coffee, mince pies and Gluewein will be provided , at the finish of the course.

New Years Day 10 Mile TT

"Positivley the first event of 1991"

Subject to RTTC approval we intend to welcome in the New Year with a club 10 mile TT on the F2/10 starting at 10.30am. All other Cambridge cyclists are welcome to come along and ride privately. Under RTTC rules the maximum number of permitted riders will be 25, so how about a good response from all first and second claim club members, come and ride the cobwebs out of your legs. (There is a definate chance that one member will not be riding, me...ED) A hangover cure will be provided if required. If this event is successfull, it is possible that we will promote it next year as an open event on the new E3/10 course, which we are waiting to have officially measured by the RTTC.

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RESULTS RESULTS RESULTS RESULTS

There are no results to report this month,  
but may we take this opportunity  
to wish all TEAM CAMBRIDGE  
members and friends  
outstanding successes in the 1991 season.

A Very Merry Christmas  
and  
A Happy New Year to You All  
..... Ed.

... and Kirby Krawler says .....

A Happy Christmas and a good New Year to one and all from Kirby Krawler. I will be listening out for more of your stories to pass on next season, remember if you hear a good anecdote about a member, please let me know so that I can...

..publish it in a future edition of The Spokesman. Kirby Krawler would like it to be known that there is no truth to the rumour that Doug Parker our current newsletter magnate turned down the post of editor with Cycling Weekly!!!!!!!



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1 Maillard 6 speed block 12 13 14 15 16 17	£7.50
Cape (full size) heavy duty	£1.00
Cinelli Giro d'Italia (63-38cm) handlebars	£5.00
1 Karrimor Saddle bag	£5.00
1 Red/white (black shorts) skin suit (slim fit)	£10.00
2 Assorted training tops from..	£5.00e
1 Brown and white road vest	£5.00
1 Pair overshoes (size 44) from..	£3.00
2 Pairs Sidi Titanium racing shoes (size 42- only for Look type pedals)	£5.00e

Contact Freddie Whipp  
18 Overcote Road  
Over  
Cambs  
CB4 5NS

Tel Swavesey 31256

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## Team Cambridge Social Evening

To reserve your place at our annual awards and social evening on Saturday January 5th 1991 contact Pauline Parker on 93-780470.

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