

The Spokesman - Team Cambridge Newsletter

THE SPOKESMAN TEAM CAMBRIDGE



August 1999

Editors Notes

This is my last week in my current position, I'm moving to a new company next week so I'm making the most of my last week by producing the club news letter. It does mean however that there may be a slight hiccup with the news letter as I concentrate on settling in to my new position. I will have to see how things go.

A Big Thank-You to Pauline and Doug for hosting the summer BBQ, another excellent afternoon out with splendid food and blessed by good weather.

Inside is a host of race reports from Tony who is always very active and some news about WinCyclo the computer programme for recording and analysing your performance.

If anyone is interested in forming part of a Mountain Bike Team to compete in a 24Hr enduro event then please tell Geoff Bushrod who is co-ordinating an entry. The event takes place over the weekend of 21st and 22nd August and can consist of teams of 4-6 people. The event is to be held at Mayday Meadow in Thetford Forest, further details can be obtained from Geoff.

See you out cycling.

Graeme

Spokesman Articles

If you would like to write an article or race report for the Spokesman then please send me a copy of the article or if in electronic format (either Microsoft Word or save in RTF) email the article to graeme@cam-cs.demon.co.uk or let me have a copy on disk which I will return. Or by post to 4, Mill Road, Waterbeach, Cambridge, CB5 9RQ

Ron Edwards Memorial Open Event

A letter received from Val

Val, Nick and Katharine would like to give their heartfelt thanks to Team Cambridge for the donation of £90.00 to Arthur Rank House Garden Appeal in memory of "Uncle Ron".

The support, kindness and generosity from the club members over the last very difficult weeks has been tremendous and very much appreciated :- Thank-You.

Val Edwards

WinCyclo

At the last committee meeting it was decided to buy a club copy of WinCyclo a computer programme for recording and analysing individual time trial performances. The programme is quite powerful and allows the user to store a large data base of time trial events, from which the relative performances of cyclists can then be examined based on their previous performances. Any programme like this is only as good as the information stored in its database. The initial task of building up a database from all the races you have done is quite a task, but once its in there new races can be added as and when you complete them.

I am entering as many of the club races and open events that I have completed in 1998 and 1999 so that when club members get hold of a copy they will already have a useful database to use and to play with.

One other useful feature of the programme is that it will produce an RTTC standard entry form on your printer and pull from the database the relevant information regarding your best performances. So as long as you keep the database up to date the form will automatically be produced with all the relevant data. It will even work out your age on the day of the event ! So no need to keep a stock of blank forms or to write out all the details every time you enter an open event.

The club has purchased a club copy of the software at a cost of 79 pounds which allows free distribution to up to 100 club members. It was decided from the interest in the software that any member wanting a copy would be charged 10 pounds in order to recoup the initial outlay.

So if you would like a copy then please let me have a cheque payable to Team Cambridge (or cash) and I will let you have a copy on disk with the user manual.

The programme is supplied on a single 3.5 disk and will run on any computer operating windows 3.11 or windows 95

CC Sudbury 25 B25/38 5th June 1999

After having operated my club model railway all morning at Chappel and Wakes Colne exhibition, I was not sure how prepared I was for a race in the afternoon. The exhibition was not good preparation either physically or mentally. However once I was in to my ride I felt quite good and managed a seasons fastest 1-03-16. This was the only Team Cambridge Time as Michael Stanley did not start.

Ian Cammish recorded a 51-55 which was very good on an afternoon with a brisk southerly wind. The only other local riders were Pete Baumber 1-4-38 and Derek Bailey 1-0-46

Becontree Wheelers 25 E72 6th June 1999

Torrential rain was falling as Sue and I set off at 05-30 for Boreham. It did stop within a few miles but the cloud was almost at ground level and looking very stormy for most of the journey. By the time we reached Boreham Village hall, the new HQ, the sun was appearing and conditions looked quite good although rather cold.

I was the only TC entrant in this middle markers event, 58-00 LTS, and was off towards the end of the field. I was going quite well on the way out although my pulse rate did not get to its usual level, probably as a result of the previous days efforts. By the turn the wind was getting up unfortunately, as a headwind. However I still managed a 1-1-38 for a seasons fastest and only had to ride through one heavy shower just before the finish.

The event was won by K.Story who improved his best to 55-49. Sue and I then went for a short ride before a couple of beers and then back to operating my club model railway at the exhibition for the afternoon.

National Championship 50 E2/50a 10th June 1999

Only Andrew Horner was fast enough to get into this event but Dexter Butchart, Steve Laurie and myself were nominated as reserves. I was seventh reserve and the organiser had already been notified of six non starters when I phoned him on Saturday lunch time. He said turn up and if someone has not collected their number with 10 minutes to go then I would be substitute. So at 5.50am I was told I could go No. 6 if I could get to the start in time. There was no time for a warm up but I made it and steamed out to the turn at Red Lodge with a strong tail wind thinking I will pay for this on the way back. I was right, from twiddling top gear it was a real grovel back to Sawston for a time of 2-17-39.

Steve also go a ride and finished with 2-12-57 although he got a lot wetter than I did. The roads were wet at the start and there were several showers during the event and Steve caught a very heavy one. Dexter opted not to turn up and wait for a ride and so missed an opportunity to ride a championship. Although I must admit the conditions were so unpleasant that I did not really rise to the occasion and just grovelled round.

Andrew only got about 10 Miles before the saddle rail broke and so ended his ride. For a long time it looked as if Michael Hutchinson would win the Gold medal with a brilliant 1-43-57 but he was in the middle of the field and the wind swung round towards the end allowing first Kevin Dawson to beat him with 1-43-24 then last man Richard Prebble beat both of them with 1-41-53

Steve Briggs was the only local rider with 2-12-29 The after race discussion in Sawston Village College was enjoyable as we met several people we have not seen for years and it was also fun trying to identify all the famous people present.

ECCA 10 E2/10 19th June 1999

After a lovely week of hot sunshine, the weather deteriorated to clouds and wind at lunchtime on Saturday. Pete Baumber was promoting on behalf of ECCA and he had found a new HQ for this course, the Social Club at Six Mile Bottom, which was nice and certainly more convenient than the school at Bottisham. Chris and Charles Willmets rode tandem to record 24-01 and I was the only TC rider in the solo event with 25-24. It was won by Stuart Lemanski in 21-18.

Ely and District CC 10 Tuesday 22nd June B10/1

After several days of strong winds, they finally dropped for this evening event across the fens. Four Team Cambridge riders made a good representation for the club. Charles Willmets was first off for the club and returned to the time keeper in 29-42 followed by Chris in 27-11. It made a change for them not to be on the Tandem. Next off was our editor, Graeme Osler, who is continuing his steady improvements with 26-26 and finally I recorded 25-10 having been caught for 2 minutes just after the turn by Gary Baker who won with 21-27. Other local riders Pete Baumber 26-24, Alan Newark 22-01 and Derek Baily who appeared on the start sheet as Derek Smith for some reason 24-32.

After that effort it was nice to try some of the excellent tea and cakes which the Ely club always put on before the ride home.

ECCA 100 E2/100 27th June 1999

Sunday was a repeat of last week in that after a week of sunshine and warm temperatures, Sunday dawned cool, overcast and with a forecast of showers. I was the only Team Cambridge Rider on this new course which starts at Newport and then goes twice round the E2/50 between Sawston and Red Lodge, north of Newmarket before finishing in Littlebury. It is potentially a very fast course but not for this event as a south west wind was getting stronger and stronger so making the last 25 Miles a real grovel. The intermediate distances on the course description were all wrong which put me and several other riders off. Some people were unsure where to turn at Red lodge whilst I assumed the course was going to be about 105 miles, because my computer was consistently showing a much higher mileage than on the start sheet. It was the correct overall distance. I found out afterwards that the start and finish had been moved without amending the intermediate distances. I finished with 4-30-36 which I was reasonably pleased with for the conditions but Ian Cammish put in a very good ride of 3-47-09 to put the rest of the field in the shade.

Steve Laurie was performing marshalling duties at Sawston on behalf of the club as this is an ECCA event so we were able to chat to him afterwards in the Eagle RC HQ which hosted this event.