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The official Team Cambridge Newsletter - January 2007

(Incorporating Mud Munchers Monthly)

2007 Season gets off to a good start. Seventeen riders line up on January 7th



In this issue

The **first event of the New Year**, A very good turn out of riders and supporters for the first event of the New Year, see page 2.

The **last event of 2006**. See full report on page 3. read all about the Team Cambridge superstars of the future.

Race report of Round II of the Thetford Forest MTB event or the **Mud Munchers Marvellous Mammoth Meet** can be found on page 4.

If you fancy a tour of the Himalayas then see page 5

(Who has got a new TC top then?)

A blast from the past (Taken from The Spokesman January 1990)

The TransMedia Shield

Team Cambridge would like to thank **TransMedia Ltd** for kindly donating a shield to be contested on a point's basis during our evening 10 mile TT series. TransMedia's MD wanted the shield to recognize effort, dedication and loyalty to the club rather than pure ambition. By making the shield dependant on total points, rather than best performance, the dedicated rider who turns out regularly in all weathers can accumulate as many points over the season as some of the more experienced stronger members. (How that has changed ...Ed 2007) Kevin Parker was this year's winner. Full results:-

- Kevin Parker
 Nevil Speechley
 Doug Parker
 Gareth Speechley
 Julian Stearn
 Michael Newlands
- 4 Neil Randall

First Event of 2007

Seventeen riders were on the start sheet for the first club event of 2007, on a dry but cold Sunday morning early in January. As usual Alan Kidd started the season with a win followed closely by Tom Vickery. Unluckiest rider was Steve Laurie puncturing on the return leg from Stechworth on the E3/10 course, but still posted a time for the event. There were many friends and relatives at the event to lend their support, the two unofficial club mascots



"Hurry up Steve"

were also present. The Team Cambridge U12 cyclo-cross team were also present but not riding today. The photo shows the timekeepers with their assistants, the photo on the right is one of the mascots! Thanks to Dave Vickery for pushing off, and to Charles Willmets for marshalling at the turn. As usual, a special thank-you to Colette and Pauline for their stint at timekeeping. As Jeff MTBushrod pointed out "its jolly cold standing about waiting for the riders" Its an even longer and colder wait at a MMM two hours + event!



Jazzie

Full Results

Pos	Name	Club	Time
1.	Alan Kidd	Team Cambridge	25:18
2.	Tom Vickery	Team Cambridge	25:44
3.	Ralph Keeler	Cambridge CC	26:23
4.	Nick Jackson	Cambridge CC	27:08
5.	Trevor Avis	Team Cambridge	27:17
6.	Jan Ertner	Cambridge CC	27:25
7.	Simon Bowden	Team Cambridge	28:23
8.	Jon Bee	Cambridge CC	29:29
9.	Paul Millard	Team Cambridge	31:58
10.	Kevin Parker	Team Cambridge	32:37
11.	Julie Ertner	Cambridge CC	32:47
12.	Mark Smallworld	Cambridge CC	33:38
13.	Christine Willmets	Team Cambridge	33:59
14.	Sarah Nash	Cambridge CC	34:49
15.	Rebecca Richards	Team Cambridge (DM)	35:04
16.	Ian Millard (Juv)	Team Cambridge	36:18
17.	Steve Laurie	Team Cambridge	39:04 (including a puncture)

Mud Munchers Monthly

On a bright, sunny but bitterly cold Sunday in December, seven club members lined up to take part in various events at the well organised V.C Barcchi cyclo-cross races at Bungay in Norfolk. First away for the club was Ian Millard in the Juvenile and Junior event. It was a long winding course through Broome Heath, with some difficult climbs; and some sections with extremely soft sand to contend with. Most of riders were on proper cyclo-cross bikes, but there was a few MTB's to be seen, including Ian. Ian finished a creditable 14th in the event which was a good result. Next off was the Under 12 event, where Peter Millard on his very first cycle race lined up with Katy, Sam and Danielle Parker. There was a warm up lap where-by a member of the host club escorted the riders around the course, then it was the 'off'. The four riders all completed the event with Samantha being the first club rider to finish followed very closely by Peter. Next in was Katie, Danielle followed in fourth club position. Overall the riders were placed 8th, 9th, 10th and 11th which was a very good result. Trevor Kimber summed up



their ride by telling them that winning is not important, but they all finished and enjoyed it. Well done to all the U12 riders!! The winner of the event was George Wood, who also won the previous race at Attleborough. The main event of the afternoon was the senior, vets and ladies race, standard cyclo-cross race one hour plus one lap. Paul Millard and Kevin Parker were on the start sheet for the club. A disaster with 20 minutes to the start Kevin's chain broke, but he managed to borrow a tool and made the line with minutes to go. Seventy riders set off at a brisk pace, but were soon out paced by Shaun Aldis (Interbike RT) who completed 10 laps in 57m 20 s. Paul was 7min down to finish in 51st place. Kevin's chain broke towards the end of the third

lap so he ended up as DNF. As usual there were a number of supporters, and the two club mascots on hand to cheer the riders around the course.







The next event in this East Anglian BCCA series will be on January 28th at Attleborough.

Your News Letter

Don't forget this is your newsletter, so if anyone has any letters, technical questions, news, views, stories, articles for sale, race results, ideas for publication, then let me know via *news@team-cambridge.co.uk* This medium does work see the last page!

Round II of the Thetford Ford MTB Series.

A bright and sunny but bitterly cold Sunday morning on January 14th saw eight club riders with eleven spectators all at the second round of the Thetford Forest MTB series. The riders taking part were

Two Hours Event Kevin Parker, Steve Laurie, Simon Bowden, Charles Tallack, Paul Millard Jeff **MTB**ushrod **Two Lap Fun Event**, Angela Parker, Ian Millard shock omission from the team was Doug Parker, Doug had to pull out of the event due to another glitch with the ticker during the week. Among the club supporters were the Parker, Millard, and Bowden families plus Steve Laurie's dad who was also present. The photo below shows the riders before the start.



As usual Simon stormed away from the start setting a blistering pace for the four laps that he completed. Paul Millard was riding well until his chain decided to come off and jammed, resulting in him having to pull out. Another unlucky rider was Steve Laurie, in spite of a slow start due to congestion on the course, he managed to pull time

back; but unfortunately crashed on his third lap so had to withdraw from the race with a damaged knee. Luckily both riders had completed two laps so under the club rules still qualify for points in the Team Cambridge MTB trophy. Kevin Parker and Charles Tallack both had good rides, Kev just beating Charles home by about three minutes. Our MTB King Jeff managed to stay on his bike this time out, but suffered badly from severe fatigue, he hardly had the energy to crawl over the line at the finish. Birthday girl Angela just beat Ian Millard to the finish by a few seconds; Ian has the distinction of being one of the fastest club climbers on the very technical hilly parts of the course.

Full results:-

	MTB Trophy						
Pos	Name	Time	Points	Overall	Total		
1	Simon Bowden	1.12.32	20	Simon Bowden	40		
2.	Paul Millard	1.16.49	19	Charles Tallack			
3.	Charles Tallack	1.19.18	18	Paul Millard	35		
4.	Kevin Parker	1.19.36	17	Steve Laurie	34		
5.	Jeff Bushrod	1.23.59	16	Kevin Parker	34		
6.	Steve Laurie	1.31.42	15	Jeff Bushrod	31		
7.	Angela Parker	1.33.56	14	Ian Millard	27		
8.	Ian Millard	1.34.02	13	Angela Parker	27		
9.	Doug Parker			Doug Parker	12		

With one event left in this series, will Charles Tallack make up the four points to pip Simon at the post?? The final outcome of the Team Cambridge MTB trophy will be decided next month. Watch this space!

This email was received via news@team-cambridge.co.uk if anyone is interested please contact Mudassir Lone directly at the address shown.

Ladakh Cycling Tour 2007.

I am offering a cycling package (or challenge) for this summer which involves some high altitude cycling of ~300km in the Ladakh region of India. The package is split into two cycling stages. Stage 1 is an attempt to climb the world's highest motorable pass of Khardung-la (18000ft+) and Stage 2 is cycling from Leh to Kargil (~220km). I will be personally taking full care of the group in Ladakh. The overall time spent in Ladakh would be approximately 3 weeks.

The package includes the following:

- Airport transportation to and from Leh airport.
- All accommodation whilst in Ladakh.
- Required government permit to climb Khardung-la.
- Support Vehicles.
- Day trek to Stok Khangri base camp.
- Possible day trek around the village of Lamayuru.
- Sight seeing around the town of Leh.

The only catch to the trip is that it's not free, the individuals involved will have to sort out their own flights and visas to and from Leh and they will have to bring their own bikes (although bike hire is a possibility).

Unfortunately I will only be able to guide either from the beginning of August or beginning of September

The total package cost is £500/person (depending on group size).

The package can be seen as either a cycling challenge or just some high altitude training to thicken up your blood! The sooner you make up your mind the easier it is for me to organise and for you, the flights are cheaper. I intend to hold a meeting sometime in week 3 (first week of Februaury), as soon as I know the number of people interested in the trip. So I would be grateful if you could please reply as soon as possible on mml26@cam.ac.uk.

Best wishes. Mudassir one Selwyn College Grange Road Cambridge (B3 9DO)

And Finally - 2007 Social Evening

The Himalayas are just waiting for you!

The closing date for the social evening has passed, however if there is anyone else that would like to attend please contact Pauline **ASAP**. As space is now getting limited!

The 2007 social evening will take place on February 3rd at 13 Colesfield Longstanton, Cambs CB24 3BW The cost this year will be £10 per head, please complete this form if you would like to attend. Send it to Pauline Parker: 13 Colesfield Longstanton Cambs CB24 3BW., by Jan 20th 2007

Name		
No of tickets	Vegetarian Y/N	
I enclose a cheque for £	(Payable to Team Cambridge)	
Team Cambridge	The Spokesman Ian 2007	Page 5