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The official Team Cambridge Newsletter – October 2007
(Incorporating Mud Munchers Monthly)
(Incorporating Tarmac Terriers Tribune)

Date fixed for the AGM

It's that time of year again when we hold the Annual General Meeting to elect the officers and committee members for the coming year. The AGM this year will be held on **Monday 19th November** at the Scout Hut on Perne Road starting at **8.00pm**. All members are invited (nay expected) to attend where they can listen and join in with any major discussions. As usual if there is an issue that you would like to be included on the agenda, then please write (email accepted) to the Secretary, Sue Clarke. Her address is 4 Gunnell Close, Milton, Cambs, CB4 6ZB. Items for inclusion have to be submitted by **Monday 5th November**.

Social Evening

There will be no Monday evening club ride or meeting on **15th October**, instead Tony & Sue Clarke have kindly offered to hold a cheese & wine social evening at their house at 4 Gunnell Close, Milton, Cambs. This will start from **7.30pm** onwards. For those that may not have attended one of these functions before, we all take our own drinks i.e. beer, wine or whatever and Sue supplies the bread & cheese, there is a very small charge to cover the cost.

Circuit Training

Please note all you keep fit fanatics that circuit training will commence from Monday 29th October starting at 7.30pm at the Scout Hut on Perne Road. As usual tea and coffee will be available afterwards along with scintillating conversation!!

New Member

Welcome to new member Jeremy Greer, who joined us towards the end of September. Jeremy has already been out on Monday evening club runs, Sunday morning rides and an MTB ride in Thetford forest.

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Tarmac Terriers Tribune

Finsbury Park CC 50m TT June 10th F1/50

In spite of the result sheet (back page) saying that Team Cambridge won the team award it wasn't true, the only award for the club was to Sue Clarke taking the 1st Vet on standard. Her overall time was 2.18.23 with Tony Clarke at 2.11.03. Trevor Avis produced a time of 2.08.55 while Alan Kidd completed the course in 2.05.25. The event was won by A.Proffitt in 1.45.49.

Hitchin Nomads CC 25mile TT 5th August F1/25

In an event which was won by P.Anderson (Wigmore CC) with a time of 56.32 the club had a successful morning. Steve Laurie took third place overall with a good ride of 59.32 adding another £15 to his mornings winnings. This was due to the fact that Team Cambridge took the team prize with the other members Tony and Sue Clarke riding to 1.02.53 & 1.06.13 respectively, all earning £7.00 for their efforts.

ECCA 10m TT 11th August F2/10

With four club members on the start sheet of 100 riders on a warm Saturday evening Tony Clarke produced his fastest 10 time for three years, a ride of 24.30. Steve Laurie was over two minutes faster in 22.13. Alan Kidd producing a time of 21.59 followed by Sue Clarke in 25.28. The overall winner was Oliver Jones (Api Metrow) in 20.01.

Finsbury Park CC 25m TT 12th August F1/25

Only three club riders on the start sheet after the previous evening's effort in the 10m TT. Alan Kidd produced another sub-hour time of 59.41; Trevor Avis rode well in 1.01.54. They were followed in by Tony Clarke in 1.05.10. The event winner is unknown.

Kings Lynn 25m TT B25/33 18th August

Just two Team Cambridge members on the start sheet, for this event which had strong southerly wind blowing over the course. Tony Clarke did 1.08.05 while Sue Clarke rode the 25 miles in 1.12.45

Forthcoming Events

7 th October	Team Cambridge Open 10m TT Barton 08.15am. Helpers required
6-7 th October	Dawn 'till Dusk MTB Enduro Thetford Forest
15 th October	Cheese & Wine social evening
4 th November	Hill climb Beechwoods 10.00am
4 th November	Norwich ABC Cyclo-cross - Attleborough from 11.00am onwards
19th November	Team Cambridge AGM, Perne Road Scout Hut at 8.00pm
26 th November	Committee meeting
8 th December	Diss & Dist CC Cyclo-cross Regrave near Diss form 11.00am onwards.
16 th December	Velo Club Baracchi, Cyclo-cross, Broome Heath, from 11.00am onwards.
17 th December	Provisional date for the annual Christmas Quiz (to be confirmed)

Mud Munchers Monthly

Thetford Forest MTB Ride

The first training/family ride of the 2007-2008 season took place on Sunday 16th September. Twelve club members including 'new boy' Jeremy Greer all set off from the Brandon visitor centre for a two hour ride round Thetford forest. Jeff MTBushrod took us to parts of the Brandon forest that most of us



didn't know existed. It was great being able to ride over so many of the technical single file paths, on what was a bright and warm sunny morning. Included amongst the riders was the Mud Munching Millard Mob. The Parker Pride and of course Jeff MTBushrod with Clare. It is hoped that more rides will be organised throughout the coming months. The first MTB race at Thetford is rumoured to be sometime in December. The photo shows the twelve riders at the start of the epic ride. One notable absentee was the reigning Team Cambridge MTB champion -

Simon Bowden. It wasn't until the following day we learned that Andrea had been taken ill on their return from a holiday in France. The consequence was that she was despatch to Addenbrookes hospital for a couple of weeks, we all hope that she is now well on the way to a successful recovery. (even though it means Simon can get back on his bike!)

And the winner is

So another season draws to a close, just the hill climb to contest then it's all over 'till next year. So here is a list of some of the winners for this year:-

10 mile championship Alan Kidd

25 mile championship Alan Kidd

10 mile handicap Steve Laurie

25 mile handicap Ian Millard

Evening 10 mile series Alan Kidd

Circuit series Ian Millard

Ron Edwards Memorial Alan Kidd

Club Standards

Can everyone that has entered for the 2007 club standards please submit their claims to Paul Millard by the end of November, this gives plenty of time to get the medals organised.

Club Trophies

Paul will need these to be returned by the end of November in order to send them for engraving, ready to be presented to the next appropriate winner.

And finally- Its Goodbye from her

Most of you will be aware of the passing away of Sophie the Team Cambridge mascot, it came as a shock but not entirely unexpected. The end happened very suddenly while we were on holiday at Sandringham but also very peacefully.



Sophie who passed away September 26th 2007

She had been part of the club for so long; she always knew when it was time to go to the club on a Monday evening, and also when it was race night on a Wednesday. She used to get so excited when it was time to leave the house, and couldn't wait to get at the biscuits! As you will remember Sophie was a rescue dog and was very timid, but by coming down to the club nights she began to get used to being around people, and to trust humans once again.

I know that it's an old cliché but it is definitely - Gone but not forgotten