



The official Team Cambridge Newsletter – August 2009
(Incorporating Mud Munchers Monthly)
(Incorporating Tarmac Terriers Tribune)
(Incorporating Rossi’s Review)

Youngsters Show the Way



It was a case of 1-2-3 in the final position for the 25 mile Handicap TT held on July 8th. For Peter Millard and Katy Parker it was case of ‘first time’ riding an event of this distance. Report on page 3

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Le Tour

The 2009 Tour de France has just ended what a tour that was! with Mark Cavendish and Bradley Wiggins, nicknamed ‘twiggo’ by his team mates, putting on spectacular performances. And for once I do not recollect any rider being caught taking any illegal substances, after the nonsense of a couple of years ago it is such good news. Our own ‘twiggo’ might dream of playing in the TDF but our man Si B made the Ventoux his own.....



Tarmac Terriers Tribune

Shaftsbury CC 50m TT 13th June

A warm sunny day but a brisk south westerly wind made the leg from Red Lodge to Four Went Ways a bit slow. Trevor Kimber got into the event as a reserve as Tony Clarke was almost the slowest rider to get in. Sue Clarke achieved an East Anglian VTTA age record for a 59 year old lady. Second claim Nick Jackson did a very good ride with a time of 1.52.40. Also on the start sheet was another second claim member Sue Fenwick who did 2.05.26. Fast club rider was Tony Clarke in 2.08.48, with Trevor Kimber recording a time of 2.11.39. Sue Clarke set her age related record with her time of 2.18.28

Finsbury Park CC 50 m TT F1/50 14th June

A much less windy than the previous day, most of the riders who rode the Shaftsbury 50m TT did not start. (I hope that the event organiser rejects their entries next year..Ed) Many people only entered this event because they did not expect to get into yesterdays event!!!! Tony reports that his body was very tired, but Trevor Kimber did a personal best with his time of 2.08.54, followed by Tony some eight minutes later in 2.16.43. The event was won by Ian Cammish (Planet X) 1.47.03

V.T.T.A 25m TT E2/25 June 20th

Four club riders on the start sheet for this VTTA 25m event. No1 for the club was Alan Kidd in 57.09 also under the hour was Trevor Avis in 58.41. He was followed home by Tony Clarke 1.02.42; last by no means least was Trevor Kimber with his time of 1.03.49.

Team Cambridge 25m TT Championship 3rd June

With Alan Kidd a non starter for this important event in the club calendar it left Simon Bowdon to cruise to an easy win over the rest of the club riders

1	Nick Jackson	Cambridge CC	59:37
2	Martin Reynolds	Cambridge CC	1:0:07
3	Simon Bowden	Team Cambridge	1:04:26*
4	Trevor Avis	Team Cambridge	1:6:31
5	Simon Denney	Team Cambridge	1:6:59
6	Steve Laurie	Team Cambridge	1:07:06*
7	Lucy Gossage	Cambridge Tri	1:8:00
8	Trevor Kimber	Team Cambridge	1:8:11
9	Juliet Vickery	Cambridge Tri	1:10:51
10	Charles Tallack	Team Cambridge	1:13:41
11	Janette Thomas	Cambridge Tri	1:14:23
12	Silke Pichler	HSV Karnten Triathlon	1:15:31
13	Barbara Leverett	Cambridge Tri	1:16:17
14	Kevin Parker	Team Cambridge	1:16:21*

Team Cambridge 10m TT Ron Edwards Memorial 10th June

Simon Bowden keeping to his winning ways was once again top rider in the Ron Edwards memorial 10m TT.

Position	Name	Club	Time	Trans-M Points	H-cap Points	Juv Points
1	Simon Bowden	Team Cambridge	24:55	20	19	
2	Trevor Avis	Team Cambridge	25:22	19	18	
3	Trevor Kimber	Team Cambridge	26:16	18	16	
4	Tony Clarke	Team Cambridge	27:57	17	15	
5	Kevin Parker	Team Cambridge	27:59*	16	20	
6	Sue Clarke	Team Cambridge	28:59	15	17	
7	Katy Parker (Juv)	Team Cambridge	35:30	14	13	10
8	Peter Millard (Juv)	Team Cambridge	35:42	13	14	9

Team Cambridge 25m Handicap Championship 8th July

With the three youngest club members dominating the results board by taking the top three positions. Katy Parker was delighted with winning the event just one day after her 14th birthday. "It was a birthday bonus" she said afterwards. For Katy and Peter Millard it was their very first time over the distance, both of which did themselves proud with their times, and the pair of them will collect standard medals accordingly.

1. Katy Parker	32.48	7. Steve Laurie	47.03
2. Peter Millard	37.28	8. Charles Tallack	47.40
3. Ian Millard	38.20	9. Trevor Kimber	49.33
4. Trevor Avis	45.02	10. David Mc Lean	54.35 (non club member)
5. Simon Denney	45.33	11. Nick Jackson	59.11 (non club member)
6. Simon Bowden	46.46	12. Martin Reynolds	1.01.08(non club member)



Katy on her way to winning the 25m handicap



Peter riding to second place



Tony's Tours

Slovenia 2009

This tour looked rather easy for what was classified as grade 3 (the hardest) in the CTC holidays brochure when we received the detailed route. The distances were only 70-90 kms per day but after a few days we agreed the classification was correct. The hills were generally only a few kilometres long but the gradients were very steep and some were a struggle even on a 26 inch gear. We were thankful that the luggage was being transported to the next hotel for us each day.

We expected the weather to be warmer than it was but we rode in shorts and short sleeved racing vests most of the time. We only had one wet day although there were storms on several nights which gave us concerns about the weather when the clouds formed during the day especially with the steep gradients. There were a few stretches of gravel road which would have pleased the Team Cambridge Mud Munchers.



One of the highlights was the climb of the Vrsic pass which was built by Russian prisoners of war in WW1 to enable the Italians to supply their troops fighting the Austrians. I did not realise that WW1 resulted in several million deaths in eastern Europe as well as those in the west. We visited a museum about the war but I am still confused about who was fighting whom.

We also stumbled upon a road race on closed roads round the perimeter of Kranj on our first afternoon as we went into town to sample the local atmosphere. The riders appeared to be the feeder teams for the Pro Tour teams and there was full race convoy.

Our last full day was spent as tourists without the bikes looking round the old centre of Ljubljana. There are many attractive buildings and a castle on top of the hill. The towns were very neat and tidy and it is noticeable that few buildings are very old. There have been so many battles and the occasional earthquake that few buildings are older than the 18th century.



Most of the people in hotels, shops etc spoke quite good English and were very friendly which was a good thing as Slovenian is a complete mystery. It is even difficult to read the words as they contain groups of consonants with few vowels.

This was our first trip to Slovenia and it is definitely a holiday worth repeating. The scenery is reminiscent of Austria with beautiful mountains, rivers and lakes. The countryside is neat and tidy like the towns.

Tony and Sue Clarke

A Big Thank You

Many, many thanks to everyone who recently sponsored me for my fifth Race for Life. Thanks to your generosity I was able to raise a wonderful amount-£220.....**Colette**

Champagne Charlie's Column

What luck, eh! Had a fiver on the eternally young Mr Parker to win the handicap champs at 5/1 – the recession has now officially ended! Might be able to get the Rolls out of the garage again soon (the saddle, not the car).

CCT's Recession- Busting tip, number 2

Following on from tip no.1, before one shells out for a new bottom bracket, chain and various other items to silence the grumbling noise down below, try making sure one's pedals are securely fixed to the cranks. Works a treat, and absolutely gratis!
(Thanks Mark)

Careers advice?

For those of you not fortunate enough to have inherited a title and a large estate (and I don't mean that shabby X-reg Toyota you carry your TT bike in), one presumes that some sort of paid employment is necessary. Should your boss ask why you would choose to ride to work or drive, the answer should be simple:-

"Would you prefer free-range or tinned?"

(Note this should not constitute grounds for summary dismissal; if he fires you it's because you put a set of tubs on your expenses claim...)

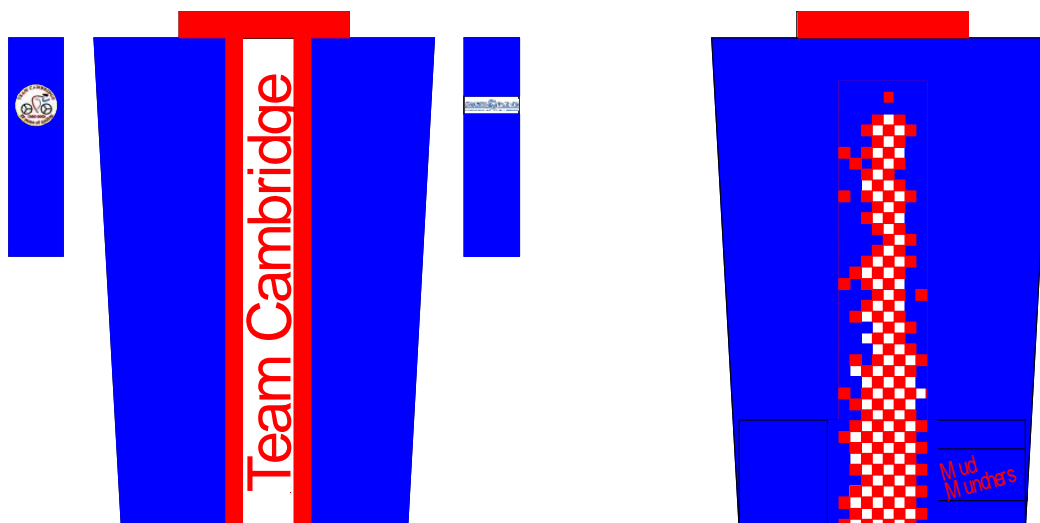
Dusk2Dawn2Dusk 2 etc

Now that Simon has reappeared (we still haven't found MTBushrod yet) from self-imposed quarantine from swine flu (or the Burwell pox, as they call it in Swaffham Prior), our offroad campaign is moving into another gear.

Apparently there are now seven (yes seven!) heroes ready to enter the fray. A prime number is always useful...

CCT junior (Mark) has been honing his offroad skills by a sterling event at Mountain Mayhem – that's nearly in Wales, you know! Not only that, but he showed his true aerodynamic potential in his first TT on the A428 – ever seen an artic in pink Lycra?

Team jerseys are a distinct possibility and a draft design is ready for pricing - if we can flog a few to the adoring fans a minimum order of a dozen items is feasible and the cost of artwork will be subsidised by yours truly (see expenses, above).



Chin up!

Having had not one but two items published last time and signed off with “Chin-chin” it appears I now have four chins! Good job Dougie didn’t print the photos! (I would had you sent them..DP)

The Hell of the West – Tamed!

Has the event gone soft? Where we the pothole-strewn cart tracks? Where was the bone-freezing cross-headwind, the slate grey clouds, the horizontal sleet that we have all grown to fear? Have Bedfordshire County Council got themselves a Highways Department?

Before that Wednesday I had been daydreaming of the great Classics on the roads of Northern France – howling winds, mud-caked riders battling on cobbled roads and so on. In actual fact, dare I say it, it wasn’t too bad at all, and the young-‘uns certainly showed contempt for the course’s reputation by cheekily having a great ride out. I wondered if I hadn’t been trying hard enough, but I did actually manage to take several minutes off my previous best (in traditional conditions). Still came nearly last, though!

“When I stand in the showers in Roubaix, I actually start the preparation for E2/25.” – (not quite) Tom Boonen, 2004.

Bottoms up!

(Champagne) Charlie

Rossi’s Review

Since the last Review Rossi has undergone surgery for the ‘unkindest Cut’ operation, keeping him quiet for 10 days was very hard. Since his recovery Rossi has been out and about, in the past few weeks he has been on more buses, trains and a canal boat, visited an animal park, and been on H.M.S Victory. He was unable to manage the stairs on-board the ship; they were too steep and narrow for his large frame. He has visited a couple of traction engine rallies and has also been to an art exhibition, where he saw a watercolour of himself when he was only seven weeks old.



Rossi together with six other dogs from our area were invited to the Guide Dogs for the Blind Association HQ in Woodford Green. The dogs were put into kennels while we were all treated to a demonstration of dogs being trained in obedience. Then we were shown all around the kennels, where and how they will live when they finally arrive at the centre. After lunch we were taken into the local town and went out with various trainers to see the dogs at work in a street environment. It was a very interesting day, and gave us all a very good insight as to what the dogs will be doing when they finally leave us.

(Rossi with Rossi watercolour)

