



The official Team Cambridge Newsletter – September 2009
(Incorporating Mud Munchers Monthly)
(Incorporating Tarmac Terriers Tribune)
(Incorporating Rossi’s (Final) Review)
Introducing Angie’s Antics

Lazarus Returns!!



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Tarmac Terriers Tribune

Shaftsbury CC 25m TT 4th July E2/25

A warm sunny day but a brisk south westerly wind made Tony grovel to the turn in 38 minutes, but he did the return leg in 26 minutes, what he said was that he would like to do this time in both directions. The event was won by Geoff Perry (Team Milton Keynes) in 55.48, which is surprising as a lady rider Lynne Taylor clocked 55.17 for the distance? Fast club rider was Tony Clarke in 1.04.21, with Sue Clarke recording her time of 1.07.21.

East London Velo 10m 11th July TT E2/10

A warm day with not too much wind (for a change) quotes Sue Clarke, who did her fastest time for several years – 25.19. The two other club riders were Alan Kidd and Trevor Avis recording times of 22.04 and 23.09 respectively. The winning time was by Craig Simpson (Blue Sky Cycles) 19.18.

V.T.T.A 10.2m TT 18th July 20th

Only one club member on the start sheet, and that was Tony Clarke who did a time of 28.15 for the event, Ken Platts (CCC) was the overall winner with a time of 22.13.

North Midds & Herts CA 100n TT F1 July 19th

Two club members decided to give this distance a go! A dry day was reported, but a strong head wind on the two stretches up the A421 towards the end of the event was strength sapping! Tony Clarke no stranger to the distance, but riding his first 100 for a number of years was happy with his time of 4.49.24. Mr Quiet i.e. Trevor Kimbor had trained hard for this distance, putting many miles into his legs in preparation, unfortunately at 80 miles he knew it was all over the legs and the strength had gone. Tony caught him for 13 minutes but Trevor went on to record his time of 5.05.09. The event was won by Julian Jenkinson in 3.51.49

E.C.C.A 10m TT E2/10 Aug 8th

Just three club riders on the start sheet, with Tony Clarke recording 23.58 his fastest time for this distance since 2002. Sue Clarke completed the event in 25.36, while Alan Kidd did exactly 22 minutes. The winning time was not recorded.

Team Cambridge 10m TT E2/10 1st Aug. (Ron Edwards Memorial Event)

Another full field with many riders having their entries returned, this year event organiser Tony Clarke had booked a standby course just in case there was heavy rain like last year. The first six riders all recorded times of less than 20 minutes, the next 22 all of which recorded times of 20mins odd! The event was won by P.Balls (West Suffolk Wheelers) in 19.25. Meanwhile Alan Kidd did a time of 22.28 followed by Trevor Avis in 23.34. Club members turned up to help with the event, but Tony did have to call in a few favours from other clubs to assist with some marshalling and pushing off. As usual Val Edwards was on hand to assist Pauline Parker and Colette Millard with the catering. One busy boy was Peter Millard who helped out with a number of jobs ranging from distribution of numbers to helping in the kitchen!

Team Cambridge final evening 10 m TT August 19th.

Rumours had it that MTBushrod himself would be making a personal appearance at this event, lo and behold the exalted one did arrive in order to do his stint as turn marshal. Everyone was pleased but amazed to see him, it was just like Lazarus retuning!

As to the event Alan Kidd picked up another 20 points to win the TransMedia Shield with a perfect score of 200. Katy Parker clocked up her eighth win of the season to record a perfect 80 points in the Juvenile Trophy competition. And just for good measure Kevin Parker scored enough points to win the 10 mile TT handicap cup. On a sad note it was to be Le Sticks (Ian Millard) last appearance for a while, he now goes off to Hull University to study electronics, so will be unable to a ride many of next seasons events.



Le Stick



MtBushrod



Katy Parker

And the winner is:-

TransMedia Shield	Alan Kidd	Handicap Trophy	Kevin Parker
Juvenile Championship	Katy Parker	Junior Championship	Ian Millard
25m Championship	Simon Bowden	25m Handicap	Katy Parker
10m Championship	Alan Kidd	Ron Edwards Mem	Simon Bowden



Katy Parker



Peter Millard

Champagne Charlie's Tour

As my credentials as a grimpeur are founded on weighing about twice as much as señor Alberto, I thought it best to view the ascent of Mont Ventoux from the sofa – so here's my account of the stage:-

(Break for annoying adverts)

"Well Ned, this is Charles's tenth tour and I have to say the passing of another year have done little to enhance his performance."

"That's right, and I can see from the helicopter that his preparations are as thorough as ever; the grass has been cut and the courgettes brought in from the allotment."

"Incoming email - how many calories will a typical spectator consume during a stage?"

"Well Gary, that depends on whether the feeding station is within reach of the competitors and how much can be scavenged during the commercial breaks."

"Oh look! We've got a dog on the course... and it's going right in front of the screen! That was a near disaster."

"Yes I blame the owner for not keeping their animal in the garden during such an important event."

"Charles's HR has now reached 79 and he is pushing out 38 watts; can he sustain this tempo for another 38 minutes?"

"That depends Gary, on how long he spends with his nose in the musette and whether he can wait for a comfort stop between the adverts."

"The crowd is going wild in front of the contestants, with kids rolling around and trying to attract as much attention as possible before getting swatted out of the way – this could involve disciplinary action from the referee."

"Yes, a two-race ban could be incurred, and that would be a disaster."

(..and so on, ad nauseam, with frequent adverts...)Report by Champagne Charlie

Mud Munchers Monthly

Mud Sweat and Gears round 3 at Hinchingsbrooke Country Park 23rd Aug 2009

With the TC time trial season barely over it was time to hang up the new bike and swap over to the mountain bike to start off the mud munching season.

After a practice session at Thetford with team's Parker and Millard on the Saturday, it was off to Hinchingsbrooke Park in Huntingdon for the first MTB race of the season.

It was hot and sunny as the main race started off at a very fast pace. Although there was a stiff breeze it did not seem to cool the riders as they raced around the lake and open sections of the course.



With the seniors having to complete 6 laps against the vets 5, the 3 mile laps consisted of open grass land then a climb up through the woods that seemed to get steeper every lap! After a short twisting descent back to the main field to ride over some BMX style jumps and banked curves it was a climb back into the woods for a fast descent down to the lake. After a ride round the lake it was across the little bridge to the finish to start again.

Although not as technical as the Thetford courses there were sharp turns, tree roots and narrow gaps between trees to keep you focused.

There were good results for local riders with Jeff Sharp and John McAndrew of Ben Haywards OTH taking first and second in the Vets category.



The senior's race was won by Yanto Barker (club unknown) completing the 6 laps in 1.16.11 Paul Fielding of promoting club St Ives CC taking second place 41 seconds behind. Mark Thompson also of St Ives CC missed out on third place by 2 seconds to Joe Bedingfield for Fig Roll

Racing. With my 6 laps completed in 1.35.03 I came in nearly 19 minutes behind the leader to claim 16th place out of a field of 24.

The next round is on the 20th September at Langdon Hills, Corringham, Essex

For more info go to <http://mudswatgears.sxevents.co.uk/index.php>



Report by Kevin Parker

Dusk till Dawn Thetford Forest Oct 3rd 2009

Plans are well in hand for this very popular event in the MTB calendar. At the time of writing Team Cambridge have seven riders entered; with we hope many more going along to lend their support. Unfortunately I will be unable to attend otherwise we would have taken the caravan to use as a HQ. Months ago I booked to go to the very final (well for this time) 50 years reunion concert by **The Shadows** with some wee guy call Cliff???

Rossi's Review

And Finally

Its goodbye from him! This will be Rossi's last Review, Rossi has left us to go to the Training Centre! He was not due to leave until the end of October, but after his assessment with Claire the PWS in the middle of July; she had decided that as he is such an intelligent dog he needed the further stimulation of more advanced training. This is something that regretfully Pauline and I cannot do, she (Pauline) has brought him to a high standard of obedience (although at times you would doubt it!!) but he needed to go on to the second stage of his career. So he went into the training Centre at just 10 months old (a few of the dogs do) He is a very lucky dog, as he is being handled by no less than the Centre's Training Manager.

Tony is very impressed with Rossi's general obedience but will spend a lot of time getting his lead work up to scratch. We will be kept informed with his progress and no doubt there will be a **Remember Rossi?** in future editions of The Spokesman.



Rossi at seven weeks
Rossi at nine months

Angie's Antics

About a week before Rossi was due to be admitted to the training centre, Pauline was asked if she would like to puppy walk another dog, this time a very small Golden Retriever called Angie. This caused great amusement to Katy, Sam & Yellie Parker as of course their mother is called Angie!! They took great delight calling out 'Angie Come' 'Angie Sit' 'Angie another beer?' (that was me really). Pauline thought about it and decided the house would be quiet without a dog so decided to take her on. It's not quiet any longer she is a right old bundle of mischief, some times we think 'come back Rossi all is forgiven' Angie has yet to have her final inoculation so can only walk out in places like Tesco's and the Grafton Centre, but her early training has already started.



Angie at 10 weeks



Early training session



Aren't I cute?



I'll just have a paddle



What's in this bag?

Forthcoming Events

Sept 7th	Club run starts 7.00pm Scout Hut Perne Rd (and every Monday until Oct 26th)
Sept 7th	Committee meeting Scout Hut HQ Perne Rd 8.30pm
Oct 3-4	D2D Thetford Forest check web site for details
Oct 3 rd	The Shadows in concert (for some of us!)
Oct 11th	Hill Climb Barrington 10.00am
Oct 18th	Team Cambridge 10m Open TT Barton 8.30am. Marshals & helpers required
Oct 26th	Circuit Training starts Scout Hut Perne Rd 7.30pm