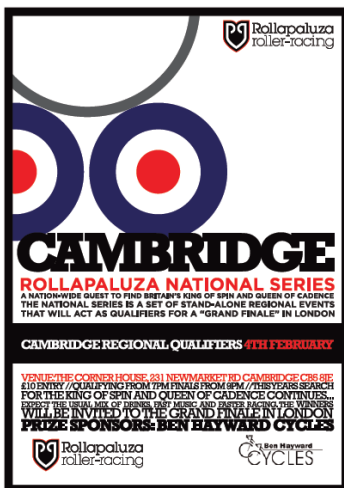


The Team Cambridge Newsletter – February 2011

*“I was lacking a bit of top end speed, but fortunately speed is quite easy to build on” – Trevor Kimber
(Er, actually no it wasn't, it was Victoria Pendleton.)*

Non Leap-Year Shock!

Predictably short month causes editorial deadline frenzy...



Roller Racing Rocks Again!

Once more the nerveless Simon Bowden held onto his bottle and took the club's finances (or his?) to the very brink of doom to host the third edition of the Team Cambridge/ Ben Haywards/ Rollapaluzza roller racing event, this time at the suitably urban Corner House on Newmarket Road.



More's the pity then, that the self-proclaimed kings (and queens) of urban cyclo-fashion were conspicuous by their absence, handing victory on a plate to the massed ranks of the Primo Cycles team in matching T-shirts.

Perhaps it was the surprise discovery of the derailleur that caused the Cambridge Trendy-Gear team to halt in their tracks, or did the sight of the aforementioned T-shirts charging like T34 tanks across the steppes prove too much for those accustomed to the feel of tweed and Merino wool? Perhaps we'll never know.

Nonetheless a good night was had by all, and Simon was relieved to find that the money on the door balanced the expenses, just. The competition soon warmed up and the smaller more intimate venue gave a good ambience for a night of entertaining racing.



Of course our resident M.C. Trevor "Quiet Man" Kimber was there, with his witty banter and non-sequiturs taking the audience to the threshold of taste and decency - and beyond.

And once more a big "Thank You" to Rob Turner from Ben Hayward Cycles, who generously sponsored the event and presented the winners with their prizes.

Team Cambridge was represented most ably by Kevin Parker of the whirly legs, who bravely



attempted to make up for the rest of the club's lack of tempo by splitting the Primo Cycles ranks and coming 5th. Steve Laurie as ever produced an amazing 11th place after calmly putting down his pint and blasting home less than three seconds behind the final winner, despite being the oldest rider in the event (although the Rollapaluza.com results page gives your editor's age as 145...!) All his L'Etape training clearly didn't help Simon's cadence, or perhaps it was the stress...

But finally it was the Parkers who dominated the headlines, filling three of the four places in the ladies' entry and consequently winning the second, third and fourth place in the final. Mum Angie graciously ceded to Katie, who took second, while Yellie let rip and came in closely behind.

More pics of the fun available to view on http://s1117.photobucket.com/albums/k587/Paul_Millard/

Results (from Rollapaluza.com)

Men's Winner 1000m

Toby Parnell 48.71

Runner Up 1000m

Stephen Hawkes 51.53

Third 500m

Phil Bullen 23.62

Fourth 500m

Alastair Langdon 23.90

Women's Winner 500m

Helen Hatch 25.52

Runner Up 500m

Katie Parker 29.41

Third 500m

Angela Parker 28.69

Fourth 500m

Danni Parker 30.15

Fastest

Toby Parnell 22.05

Fastest

Helen Hatch 25.52

The 300,000 Mile High Club!

This note from Tony Clarke –

"I thought you might be interested in a news item for the magazine as Sue became a member of the 300,000 mile club last April and is now listed in the annual magazine. This is issued every January and lists all members with their mileages for the previous year and their grand total. It also gives brief details of each member's activities over the previous year. It is always an interesting read as we know quite a few of the members. Sue took 32 years to achieve her total and is now 65th in the list with a total of 307,473 miles at the end of 2010.



(the other Sue Clarke, who doesn't cycle as much)

I have now moved up a couple of places to 10th as a result of Nevil Chanin's death in the middle of the year due to a heart attack and overtaking Sue Swetman. I have now ridden 621,271 miles at the end of 2010."

Apparently Sue and Tony do own a car, but can't recall what colour it is. Congratulations to them both, and here's to them going around the clock again!

Tarmac Terriers' Tribune – Race Results

(by our ever-smiling mtb champ, Simon Bowden)



| Event | Course | Date | |
|------------------------|---------------------|--------------------------------|---|
| Ely & DCC "Hardriders" | BS19 Little Downham | 13 th February 2011 | |
| Rider | Club | mm:ss | Position |
| James Coleman | Witham Wheelers | 57:24 | 1 st Scratch |
| Sam Barker | Planet X | 1:00:13 | 2 nd |
| Kristian Woolf | Kings Cliffe Flyers | 1:01:43 | 3 rd |
| Lee Desborough | St Ives CC | 1:01:51 | 4 th |
| Chris Nudds | CC Breckland | 1:05:14 | 1 st Vet |
| Steve Presland | Ely & DCC | 1:09:03 | 2 nd Vet |
| Nick Jackson | Cambridge CC | 1:03:38 | 3 rd Vet (8 th overall) |
| Kim Paxton | Witham Wheelers | 1:15:04 | 1 st Lady |
| Luke Hattersley | St Ives CC | 1:07:28 | 1 st Junior |
| Derek Bailey | Ely & DCC | 1:31:49 | Lantern Rouge (44 th) |
| Simon Bowden | Team Cambridge | 1:11:28 | 28 th (see report) |
| Charles Tallack | Team Cambridge | DNS | (see excuses) |

As usual it was windy so no surprises there but it wasn't all bad, at 7°C it was relatively warm. The memory from last year of Nick Jackson coming past me as if I was stood still as I battled the headwind immediately sprang to mind as I warmed up: 30 mph out of the village, 15 mph on the way back.

Luckily I bumped into the Team Cambridge Sunday ride at the HQ, then I was off. Narrowly avoiding a tractor and gusts of wind that wanted to push me off the road I slowly made my way to the A142. I was actually looking forward to the A10, normally my least favourite bit of the course, because the wind was from the SSE. As soon as I turned North I was suddenly flying along at over 30 mph. This was amazing and must be the most fun I've had on a 25. I managed to keep the pace high for a few miles until I hit The Drain, then I was back into the wind.

The Drain stretch is cracked and bumpy so I tried to escape the worst of it by riding down the middle but it was slow going. Then as I turned onto the last stretch through Pymore I really started going backwards and any time I'd made up on the A10 was lost. I made it to the finish in 1:11:28 which was a little disappointing considering how much I'd enjoyed myself but I was happy (and exhausted). Steve's event is definitely one of the season's highlights and I was pleased to see a fellow club mate on the start sheet but unfortunately Champagne CT fell off his steed riding to hounds and came a cropper, so was a DNS. Cheers, Si

BHF Events Calendar

Time to do your good turn for the year, and enter a charity sportive ride. The British Heart Foundation events are well run and there are several either centred on Cambridge or within reach. Their programme of events is published online:-

<http://email.bhf.org.uk/cgi-bin2/DM/t/nDTFe0T51e70gCf0FpBn0E5>

I talk to the trees, but they don't listen to me...

Apparently some bright spark in the Brokeback Coalition® decided it would be a good idea to privatise the forests that we all like to ride in and around. This piece was going to be a call to arms, but in the meantime someone had a word in Caroline Spelman's ear, and the scheme has been dropped for the time being. Our mole suggests that those words might have been:-

*"But suddenly my words reach someone else's ear,
 At someone else's heartstrings too (is that you Dave?)
 I tell you my dreams, and while you're listening to me,
 I suddenly see them come true."*

from Paint your MTB; lyrics by Chet Baker



Winter Series 4 - Mud Munching Movies!

This is an email from our Aussie pal Richard Mills:-

"Hey guys, here's a couple of video's from last Sunday's WS4 race that my mate took (Pat Hills), to show you what you missed out on (well, it doesn't show the hail storm that hit 3hrs into the race ...).

Pretty sure the guy in front of Pat in videos 2 and 3 is Andrew Hammond, so if you could forward this to him I'm sure he'd like to see some footage of himself racing ☺.

The start and first corner crash <http://www.youtube.com/watch?v=NMI1hKtnukE>

Gnarly Singletrack <http://www.youtube.com/watch?v=HrKxOjCtS78> or spooky woods/ "THE SOMME" from D2D 2010

My favourite section of singletrack <http://www.youtube.com/watch?v=VQmXa-8qBwc> including the double shocker (up the Beast backwards)

Hope to see you guys out soon when the time trials start.

Cheers, Rich"

The great thing about this is that watching the movies is completely painless - no creaking cartilage, no desperate "Did something snap?" while grovelling around in the bottom of a bombhole, and so on.

In fact it's a delight to see a Team Cambridge jersey jinking so skilfully between the trees - there aren't many of us that could claim to ride with such panache - it *must* be Andy Hamster!

Sure enough, Kev looks pretty good on a bike; Simon's always smiling even as he mashes the pedals at great speed - but for some of the rest of us, there's just no hope! To illustrate the point...

"...Paul, the camera's this way!"



Where's Jeffrey?

- Ode to a missing man!

"Has anyone happened to see
The exclusive Jeff MTB?
We have searched high and low,
Oh where did go?
It seems like an eternitee...

Perhaps he went out on his bike,
And ran over a huge big spike.
At the drop of a hat,
Both his tyres would go flat
Leaving Jeff with a very long hike

Maybe he got lost in the wood
Stranded without water or food
Until he is found hale and hearty
We must keep sending out a search party
Bearing nourishing chocolate pud.

Doug heard that he went to Welsh Wales
To ride some new mountain bike trails
The hills were very steep
All dotted with silly sheep
When they saw him they wagged their tails

It was rumoured that he went to Cornwall
To eat Cornish pasties large and small
He said with a grin
Whilst wiping gravy from his chin
I'll stay here until I've eaten them all

It seems he went to the South West
Taking a toothbrush a sock and vest
Its small wonder he's not been seen
Pigging out on thick clotted cream
He really must give his stomach a rest

Don't worry he's not of his dotage
Retiring to a country cottage
He will be at the club 'do' in July **
And I can tell you the reason why
Pauline has promised him an extra sausage!

** written when we used to have summer socials
- Anon (= LJH)

Dates for your Diary

(I use peanuts, they're not so sticky)

March

- 1st London Olympic Velodrome opens (no free tickets then...?)
- 5th Club Dinner & Prize Presentation
- 7th 7:30pm Circuit training +8 (that's a whole mince pie's worth!)
- 14th 7:30pm Circuit training +9 (how many?)
- 21st 7:30pm Circuit training +10 (nearly there...)
- 28th 7:30pm Circuit training +11 (totally fit by now...? Naaa out for a Road Ride)
8.30pm Committee meeting

April

6th Wednesday Club TT's start at Newton – hooray!

July 31st Olympic MTB test event at Hadleigh Farm, Essex

August 14th Surrey Cycle Classic on Olympic Road Race course

August 19-20 BMX Supercross World Cup at Olympic Park

Feb 17-19 2012 UCI World Track Classic on Olympic Velodrome

Classified Ads

Pedals - used

Look Carbon Pro pedals, used but in reasonable condition - free to a good home. Originally fitted to my TT bike but I use SPD's. Contact CCT (the Editor).



*Keep on pedalling, Spring is just around the corner...
(Champagne) Charlie*