



Team Cambridge Cycling Club

# Denn'ey do well!

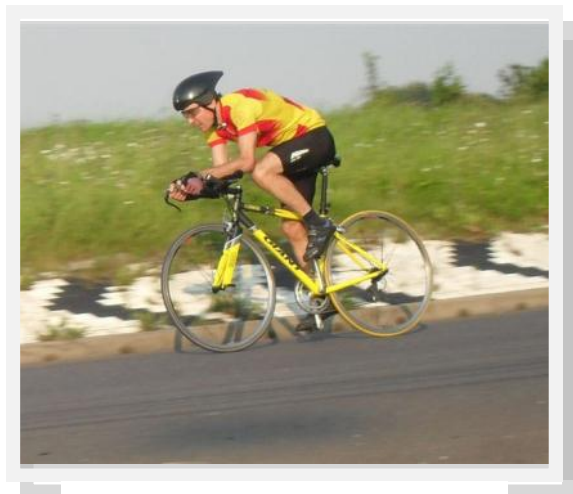
**Special points of interest:**

- Simon Denney wins Transmedia and Handicap 10-mile championships
- Paul Littleddyke wins Circuit series
- Danielle Parker wins Juvenile series unopposed (but smashes club records in the process)
- Team GB win 8 Olympic gold, 2 silver and 2 bronze medals for cycling (and none for g\*lf).

As I write, the summer season of racing has drawn to a close, and the sky is darkening at an hour when only a couple of weeks ago we would have still been at the roadside, sharing the highs and lows of the evening's event.

Due in part to the prolonged campaign on the Hardwick courses on the A428, most club members managed to bag a personal best time at some point during the season: of course Danielle's meteoric conquest of the juvenile record book is one of the highlights.

The weather hasn't been brilliant: the only "champagne" evening was the one when it was my turn to marshal, so I was able to tan my lilywhite complexion while watching PB's fall like dominoes.



Simon "Crazylegs" Denney in action

We can be glad not to have lost a single event to the weather, despite the wet early summer that pretty much decimated most other sporting events, apart from perhaps bog-snorkeling (a.k.a. Mountain Mayhem).

This season, perhaps more so than some, has shown the value of the various club competitions, with a mix of old and new members represented in the standings.

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**Not inside this issue:**

Committee Corner  
*(I forgot!)*

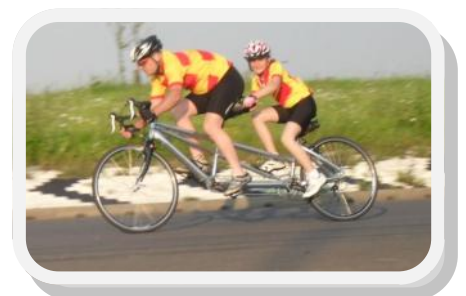
## Bikewatch preview



The irrepressible Shelton has pulled out all the stops this year (including the volume control) and come up with this pretty amazing piece of kit.

Fortunately, young Harley is doing justice to Shel's handiwork and is making this tandem rig go FAST!

Read more about it next issue!





The Quiet Man™ addresses a birdie on the 15th.



Nigel Burch put in a consistent series of races, gaining four PB's.



Steve Laurie's sea legs are just as strong as ever - his four races this season were quicker than last year!



Nick Jackson: usually last to arrive; never last to finish...

## Hardwick Round-up, and G\*If?

We've had a long run of events on this group of courses this summer—this must be the boss's tactic for ensuring at least one evening of decent weather to get a good time!

That said, we have been amazingly lucky to avoid the worst of this summer's grim weather, not having lost a single event, unlike the disastrous cricket!

11th July saw good times by everyone, but not a single PB due to the better conditions in previous weeks on the Cambourne course.

The Quiet Man™ made a rare appearance this season, so

perhaps his rehabilitation is about to get under way.

Frankly, it couldn't have got much worse than on 4th July, when he appeared to have **forgotten to bring his bicycle** and turned up with a set of g\*If clubs in the back of his car.

One likes to think that we are an inclusive club, ready to accommodate all types and sizes of folk, but sometimes this ethos can get strained to the limit.

Perhaps this was a last desperate cry for help?

Trevva, Mate... we are your friends. We know you must be suffering. We can help.

This is the first day of the rest of your life, and Rome was built with one small cliché at a time.

1. Remember to bring your bike to a bike race.
2. There's no shame in Yellie beating you.
3. G\*If clothing is ridiculous. There's no problem with red and yellow Lycra.

## Wimpole Circuit F2/14z 18th July 2012

The weather conditions weren't auspicious for this race, so it was lucky that timekeepers Colette and Pauline has a sturdy -built bus shelter to hide in, when the rain came down shortly after the start.

Out on the course, the gentle wind was in the right direction to help me "over the hump", but by the time Dougie passed me in the trusty Volvo, the roads were wet and a full-

speed turn off the A604 wasn't worth the risk. Similarly, the Quiet Man™ was on hand at the bumpy, off-camber Kingston turn to witness me get on the brakes way too early, and tiptoe round.

The uphill back leg to Longstowe got progressively wetter and my shoes filled up with water, but progress was far quicker than my total lack of preparation or warm-up justified.

Typically, Shelton was in good form, but just pipped by Simon Denney behind an amazing performance by Cambridge CC's Nathan Thompson.

Plenty more PB's were available, this being only the second outing on a relatively new course; Kaptain Kev's usual form deserted him, but the rejuvenated Tony Clarke gave just one second to Paul Millard.

## Back to Bottisham E33/10 15th & 22nd August

Our return to our regular haunt at the end of the season was a bit of a shock, after the flattery of riding the relatively smooth and level Hardwick courses for so many weeks.

Your scribe missed the circuit series event on August 8th, which is one lap of the triangular course prosaically titled E33/13, but which may be more vividly defined by its apexes at The Missing Sock,

Six Mile Bottom and The Racehorse Roundabout respectively.

The actuality is flippin' hard work, usually with a crosswind to play with, but I missed the fun being on holiday in Cornwall, marveling at the brutality of the many 20% hills to be found in Cornwall.

Not taking my bike to tackle these beasts was a mistake

though, as the resulting loss of form was keenly felt as the irrepressible Simon Denney disappeared into the distance and with him, my dreams of glory (sniffle).

But when the going gets tough... Nick Jackson wins, on all three occasions.

## Olympic Hopes and Dreams

After the euphoria of Bradley Wiggins' victory in the Tour, hopes for a gold medal in the Men's Road Race were almost too much to ask for.

As it turned out, we asked for the moon... perhaps advertising the team's tactics in advance wasn't such a bright idea, but only the dimmest TV reporter wouldn't have anticipated them anyway.

My own campaign was far more subtle, so that suggesting that the family come down to London to watch the race at the roadside met with only murmur of resistance.

Even better, my (non-cycling) sister-in-law offered a venue for the day, leaving me free to ride around while the family did whatever people do when they're not cycling.

The itinerary: drive to Bracknell, train to Richmond, watch the outbound race, then ride up the course and try to find a free big screen somewhere in town, then ride home.

It turned out a bit different of course; we missed the intended train but luckily the next one gave us just enough time to walk up to the course and find a good spot. The police



Team Tallack on the roadside, waiting...

outriders were having a lark, playing tunes on their sirens and high-fiving the crowd, and then the race flashed by with Vinokourov in hot pursuit of an unidentified Spanish rider.

We then decamped to a very chi-chi garden centre in Richmond Park, which probably didn't sell one plant all day, but enough coffee and cake for the owner to retire on quite comfortably.

The troops then returned to base while I wended my way through the crowded streets, finally arriving home at 9pm after 100 slow, random, but very memorable miles (apart from the bit where I nearly ended up in Chelmsford!)

## 100 reasons not to play g\*lf

*There's an old saying—you know you're no longer alive when you wake up in the morning and nothing hurts...*

A recent appearance by The Quiet Man™ with shaved legs may hint at a desire to mend his ways, but in the meantime he passed me this excerpt from another (unidentified) club's newsletter:-

“Robert Marchand, who lives in Mitry-Mory near Paris, has, at the age of 100, set a new age group world record for The Hour.

At the track in the World

Cycling Centre in Aigle, he rode 24.251 kilometres in the allotted time, and explained

“I'm not playing at being a champion, I just wanted to do something for my 100th birthday.”, reports the UCI.

He tries to follow doctors' orders not to let his pulse go over 110, but said that isn't always possible.

“I did climb a steep hill not long ago and went up to 134 but it's best to avoid that”, he revealed.

“For the past five years I have decided not to go for rides of more than 100km” he went on, adding with supreme understatement, “there is no point in going overboard; I want to keep cycling for some time yet.”

## Denn'ey do well!

(Continued from page 1)

Paul Littledyke has been consistently improving throughout the year, thus managing to see off current mtb champion and upstart Shelton Pell to take the crown.

Both Transmedia and Handicap 10 titles fell to the mighty talent of Simon Denney, who seems to be able to perform in all conditions on any type of circuit.

Your editor flattered himself for a couple of weeks prior to the conclusion of the campaign, sitting in the top spot with a slender margin of four points, before being reeled in on the penultimate event to finish second.

In the real world, of course, a rider who is 50% heavier and consequently 5% slower than another would have no chance of winning anything, but such

is the magic of competition secretary Paul “Magneto” Millard's mastery of the handicap system that anyone can challenge the title (and no money changed hands!).

Besides those crazy legs, Simon's secret weapon was a bike formerly owned by no less than multiple champion Alan Kidd, whose sabbatical from competition this year was not

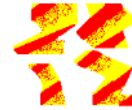


Alan Kidd: “I ain't racing...”

enough to stop him turning up one evening and beating all but the three quickest club riders.

**Team Cambridge Cycling Club**

# The Pair o' Limpet Games!



President: Doug Parker

Chairman: Tony Clarke

Hon. Secretary: Sue Clarke

Treasurer: Pauline Parker

Racing Sec: Paul Millard

MTB Secretary: Kaptain Kev

Membership Sec: The Quiet Man™

SpokesTwit: Champagne Charlie

**The family friendly cycling club, where red and yellow is always the new black!**

[www.team-cambridge.co.uk](http://www.team-cambridge.co.uk)

*Oi, Cliff!*

*You wanna get some carbon blades!*

*Nah, Shel', the barnacles keep sticking to 'em!*



## Keep on Keepin' on!



Regular readers will know that Sam and Katie Parker haven't been seen racing lately.

Well, both girls have been busy with four-legged creatures at college, taking up much of their time and energy.

Katie has had a hard time of late with her illness meaning that she cannot get around and do the things she would like to: we all wish her a speedy recovery.



### Next (i.e. this) month:

- **Tour of Britain**
- **Off-road Sportive**
- **Monday Club Rides**
- **Committee Corner**
- **Return of the MTB**
- **Dougie Rocks again!**
- **Big photo special**

Having escorted Katie on one of her junior races a while ago, I know that her courage and determination will not be found wanting.

We look forward to seeing you out and about soon!

