



Team Cambridge Cycling Club



Back in the day, we never worried about all that aerodynamic nonsense!

Stop Press: Round 3 MTB

- Shelton Pell 42nd place  
3 laps in 2:03:50
- Paul Millard 108th place  
1 lap in 41:59  
(a mechanical, we presume?)
- Andy Manning 2hr vet. winner  
4 laps in 2:11:01
- Paul Ashby 4hr vet. winner  
8 laps in 4:21:34
- Apparently, there was only one entrant for Fun Female (!)

Bulletin from Racing Secretary dated 19th January:

“Hi All,

Just collating the results for last year and I am trying to find the fastest TC rider for 2012, we have Ralph doing a magnificent 22:12 in the Club Championship, but has anyone been faster over 10 miles in any other event?”

Well, it wasn't me, I'm pretty sure of that...

Looking at the results, it seems the siege of Hardwick paid off for Ralph, as his times got quicker and quicker by the week.

It would take a robust pair of

legs to beat that on most of our other courses, especially Barton or Bottisham, with their lung-busting “Alpine” climbs.

But it was achieved, by Andrew Horner back in 1999 on the E3/10, as it was known then.

The F14/10 over the hump at Barton poses a sterner challenge, and Nick Edwards holds the honours here with 23:01 in front of a sackful of fast times by local hero Alan Kidd, and a couple from Steve Laurie.

Mind you, for the really quick times you have to go to the drag-strips such as the E2/10 or the long-gone F2/10

which was on the A45 (now the A14).

I can't imagine trying to repeat that feat in today's traffic: it just shows how the times and Cambridge itself have changed.

So, what names do we see?

Nick Edwards, Andrew Horner, Tom Watt, Ben Cofield, and goodness me, who is this? Paul Millard?!

It seems our very own Racing Secretary, the Magneto himself, has a glittering track record...

And the time? 21:18.

Over to you Ralph, my lad!

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Only 522 Days to Go!

Yes, Tour Fans! The next big countdown since the last big countdown (remember the Olympics, anyone?) begins randomly on 31st January, since that is my self-imposed publishing deadline.

So we've got a whole seventy-four and a half weeks to put the shattered dreams and cynicism of the last twenty years behind us and start all over again!

Just in case you've never read the Cambridge News you may have missed that the Tour de France is coming to Cambridge in 2014.

You won't have missed the journalistic style composed of minimal content stretched to the very limit and padded out from the internet, 'cos you get it here for free!

What's just as good or even better are the previous two days in Yorkshire, land of flat hats and drilled brake levers, with some proper British terrain and some proper British rain to go with it. It's in July for goodness sake, so it's hardly going to be sunny, is it?



There's plenty of time to top up your mankini tan, so get these dates in your diary:-

5th July 2014 (Saturday)

Leeds to Harrogate

6th July

York to Sheffield

7th July

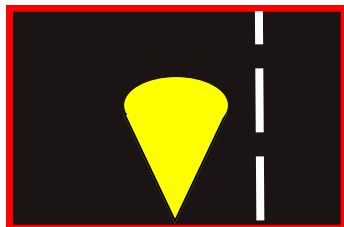
Cambridge to London



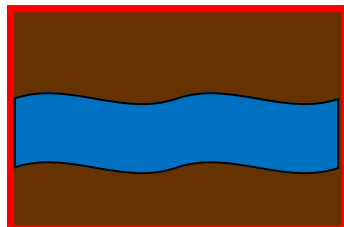
All dressed up and nowhere to go...



*There's always something to gain from riding through the winter!*



Commuting in November



Mountain biking in December



Time trialling in January!

## New Year Time Trial—Sunday 6th January 2013

After the excesses of Christmas, the New-ish Years' ride is more eagerly awaited than the queue outside John Lewis.

In previous years there had only been a handful of hardy souls prepared to leave their mince pies on the slopes of Nine Mile Hill in the uncomfortable transition from sofa to saddle.

Call it the Wiggo effect if you will, but this year there were hordes of riders and a similar number of spectators, friends and relations by the roadside - getting on for thirty by my rough count.

That's not including the couple of packs of riders passing by, and further lone riders and stragglers that almost outnumbered the cars on that morning.

Paul Littlebike brought along the Cambourne posse across from the Wild West to join the fun. Their range of machinery included a handsome 1991 specimen in fairly original trim, to the more contemporary ally and carbon-framed road bikes.

Sadly, Race Secretary Paul made the wise decision to call off the race, as although the visibility was perhaps 100

metres or so, it was not sensible to test the motorists' skills and alertness on a Sunday morning.

So, although I avoided the humiliation of witnessing how much fitness I had lost since the summer, there were plenty of people on hand to inspect my (nearly) new bike—only 6 years old!

More about this in an upcoming "Bikewatch", but in the meantime I went off for another couple of hours' ride - during which I saw a lot of fog and not much else!



## Eastern Region Cyclocross Snetterton 30th Dec 2012

A great day for cyclo-cross; despite being windy it didn't stop young Harley from doing really well.

First they were led out on a practice lap to give the kids a chance to take in the course layout. It was really nice for Harley's name to be called out for a grid,

considering this was only her second race.

The track layout was just nice for the under 12's, including riding through a horse arena across rubber chippings and a couple of dismounts across horse hurdles.

Special thanks to Katie Parker for the loan of her cyclocross bike: without this bike Harley would have struggled.

Well done Harley - let's get a win for Team Cambridge,!

Result: 25th of 45 riders.

Shelton. ☕

## The Return of the Mud Munchers—High Lodge, 2nd December

Having not been to support any riders at an MTB race for some time, Paul persuaded me the weather would be dry enough to attend.

He wasn't wrong, beautiful blue sky, sunshine, dry and -0.5° (in the sunshine!). Of course all the riders raced through the trees so I had to keep visiting the tea wagon to thaw out after every lap.

There were riders everywhere you looked and no where could I see so much as

a bare ankle, in fact scarves, hats and mitts were the order of the day, many riders keeping them on to ride too.

In the whole race I spotted one rider in shorts (brave or foolish?) and half a dozen showing calf muscles. There were a lot of riders keeping speed up probably to stay warm and not too many supporters (I can't think why) although there were quite a few people in the café.

I'm not going into technical details about lap times, you

can check the Thetford website on <http://www.thetfordmtbracing.com/> for that.

I can tell you that Shelton rode well and managed to stay ahead of Paul for the entire race but until the last lap Paul was only a few minutes behind him and that was despite coming off on 3 different occasions.

He managed to shred his leggings but it wasn't until we got home that we realised just what a mess he had made.



Don't worry darling, it's only pain!

## 2012-13 MTB Series Results

So while Shelton was sitting at home recovering from a hard ride (and that ground was VERY hard) Paul was sitting at Chesterton medical centre waiting to be stuck back together.

In spite of all this I think that both riders enjoyed themselves, and so did I, despite the cold; it made a change to see riders in a forest instead of on the road!

by Colette Millard

Editor's note:

The Thetford MTB site seems to be out of date: try [www.timelaps.co.uk](http://www.timelaps.co.uk)

*Round 2:  
Mountain  
Bikers  
Reunited*



## Congratulations to Shelton Pell, 2013 Club MTB Champion!

Pos	Rider	4-Nov-12	2-Dec-12	27-Jan-13	24-Feb-13	Total
1	Shelton Pell	20	20			40
2	Paul Millard	19	19			38

## Where have all the Munchers gone?

Sad to say, we haven't been able to swamp the start lines of the MTB races in the last couple of seasons.

The reason? Well, none of us are getting any younger, you know: it's just as well that Shelton still has adolescent hormones coursing through his bloodstream, and Magneto Millard's sporty new car is obviously powering his mid-life crisis!

As for the rest of us on the side-lines, never let it be said that our bottle is lacking...

Your editor's lickle bruvver tried to repeat his clavicle-crunching feat of 2008 recently, by accepting an invitation to ride the Olympic XC course at Hadley Farm.

The course guide helpfully briefed the 14 riders, predicting that three would break

their bikes and three would break their bodies—he was correct!

Despite the curious decision to ride a twenty-niner with rigid forks on the rocky sections, the bike survived completely unscathed.

The rider wasn't in such good shape; well bruised on both sides but nothing broken this time!



Ouch! Babycham shows how to do it properly...

## Team Cambridge Cycling Club

President: Doug Parker

Chairman: Tony Clarke

Hon. Secretary: Sue Clarke

Treasurer: Pauline Parker

Racing Sec: Paul Millard

MTB Secretary: Kaptain Kev

Membership Sec: The Quiet Man™

**The family friendly cycling club,  
where red and yellow is  
always the new black!**

[www.team-cambridge.co.uk](http://www.team-cambridge.co.uk)

## Dates for your Diary

### Annual Club Dinner and Prize Giving

23rd March at Over Community Centre

(further details to follow)

### Winter Series MTB Enduro

Round 3 - Sunday 27th January,

FR6 Brandon Park (see front page—Ed.)

Round 4 - Sunday 24th February,

FR10 Mayday Meadow

### Ely Hardriders 25 mile TT

Sunday 10th February - details from

Steve Laurie (we presume)

Although your editor can proudly claim to have attended 100% of committee meetings in the current year, he neglected to take notes and his memory of the event was as foggy as the previous day.

However, we do have the record of the previous meeting on 19th November, thanks to Secretary Sue's minutes:-

According to this record, the cogs were turning in a business-like fashion with Nigel having printed the club handbook and Sue dealing with a range of ECCA correspondence.

The Quiet Man™ reported healthy numbers for the membership, even though certain individuals were not as healthy as they would aspire to being, and Pauline reported that our credit rating remains AAA.

The exciting bits were still to come, however:-

Paul announced that our racing programme for 2013 would include four events at Bottisham to test the legs and lungs, with eight at the Hardwick courses, and circuit events at Newton, Duxford and Comberton.

The 25 mile rides will be at Hardwick and Bottisham, with the hill-climb at Barrington at the end of September.

Dates to follow, following ratification from the RTTC.

## More Years of Cycling...

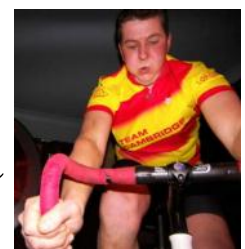


We've given the good old Team Cambridge roundels a bit of a makeover for this year, thanks to a bit of wizardry from "Magneto" Millard.

Like the majority of us, the 21st was a little while ago, so we've got a big year to look forward to in 2014 - the 25th Anniversary of our club and a great way to celebrate with the coming of the Tour as well!

So let's ride with a smile this year - they'll wonder what you've been up to!

(Champagne) Charlie



**Committee  
Corner**