



Team Cambridge Cycling Club

Flog'em and Hang'em!

from Cambridge News (with corrections to spelling and grammar)

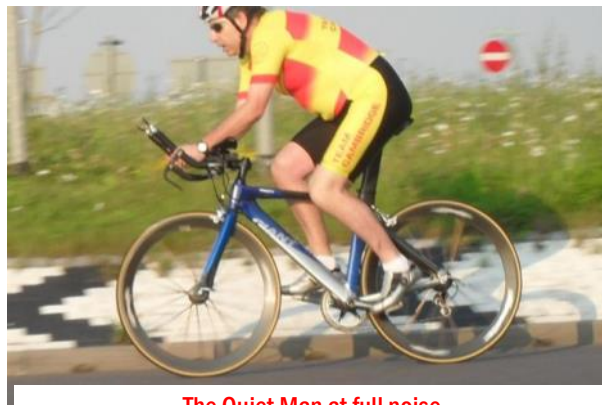
Bike thieves are being hunted by police after five distinctive cycles were stolen from a house in Hardwick.

Raiders stole the custom-made cycles from a garage in Worcester Avenue.

The burglary happened between 7.30pm on Monday, May 27, and 9pm on Friday.

Police have released images of three of the bikes.

PCSO Steph Wiltshire said: "These are very distinctive bikes and I would urge anyone who has seen them or been offered them for sale to call police."



The Quiet Man at full noise (in happier times, and somewhat out of focus...)

Anyone with any information should call PCSO Wiltshire on 101 or Crimestoppers anonymously on 0800 555 111.

Bikes stolen:

- Hewitt flame red tourer "The Quiet Man"
- Hewitt flame red Race Bike "Trevor Kimber"
- Giant Trinity TT bike blue and silver
- Geoffrey Butler Ladies' blue Race Bike
- Giant OCR black & yellow Race Bike
- Mavic Open Pro wheels, silver
- Corima Disc wheel, black



Ixworth Criteriums 6th May.

Race Guide:

Ixworth Crits	1
VTTA 25	3
National 10	4
Bottisham 10	6

Well folks, with Harley being very excited about this event we arrived in plenty of time before the under 12's were due to set off, so we decided to watch the big boys and girls.

I had been to a Criterium - what an eye opener! Being so damn fast, I was nervous for Harley.

She gave it all her best with six girls in Cat C and did really well coming in fourth.

I thought she did remarkably well as it looked really hard.

Just now waiting on Paul Littlebyke to put Harley's new Track Bike together...

Shelton. ☕



Bikewatch



The Duxford course was looking somewhat rustic in places...

Magneto Millard returns!

Having suffered a long winter this year did mean that I have had a longer hibernation, part of it in southern Wales!

This means I have not been around the highways and byways as much and instead of losing weight as you might expect for such a long hibernation, I seemed to have put some on!

During this time I had heard murmurings that in the Over stables some new TT weaponry was under construction.

Fortunately the weather is now turning, just in time for our club events and it was at the first of these that I was somewhat surprised to see the rumours were true with some new machinery on show, one looking particularly menacing...

The first I came across was Danni (aka Yellie) and her

new Kona Lisa, apparently in true TC fettling tradition all kinds of bits and pieces have been sourced from all over to get the beast built.

I did happen to notice a fine set of 'torpedo tube' tri-bars that had a decidedly familiar look about them (apparently secreted off her dad's bike).

Not only did it appear svelte but seems to have a mean streak to it as well...

That ain't no pussy-cat...

As you get closer you not only notice the highly aerodynamic features but, for those that can remember the Esso ads, it seems to have a 'tiger in the tank': overall a very nice bike indeed.

*"Danni,
where
are my
tri-bars?"*



Grrr...



Kaptain Kev gets serious!

As for the master of the Over Parker posse, Kaptain Kev, it seems over recent years he has been slowly regaining his old racing legs.

He is clearly on a mission to seek those final few seconds as he too is in possession of some new weaponry.

This one is a finely tuned carbon aerofoil Felt B12 seemingly just like the one the pros use.

Apparently after a set-to which I suspect went along the lines of "Danni where are my tri bars?" to which she looked at him with a "I don't know what you're on about" look and said "perhaps they rotted away in the garage?"

Luckily for him a tri-bar combo has been found to replace the missing torpedos and whilst the winter fettling gave many hours of pleasure, locating those final parts to complete the bike did prove somewhat difficult.

The worst was the rear brake apparently, as it is not of the conventional type being mounted under the bottom bracket.

You need a set of these, dun'cha!



The Kaptain tried all sorts to get a brake to fit but alas without success.

Finally having scoured just about every website on the planet, he found just the part, a fine Italian light-weight unit from Campagnolo (only the best for Kaptain Kev!).

However it wasn't until he received it did he find it had

actually been made on the other side of the world in Taiwan— Oh well, not to worry! It fitted and worked a treat and got the bike on the road.

Both of these fine machines were put through their paces with excellent results and both of them riding personal bests on the Newton circuit.

But the fettling hasn't stopped there, as Danni is hoping to enter the National Championships this year. The Quiet Man™ has loaned her a fine set of carbon aero wheels to eke out a few extra seconds; where does it stop?

TTFN...



VTTA East Anglia E33/25 20th April 2013

Kaptain Kev writes:

After a wet and windy ride the week before, the sun made a welcome appearance for this Saturday afternoon event on the Bot-tisham triangle course.

In an event that only had 32 riders enter saw five Team Cambridge members on the start sheet, admittedly four of them were down for marshalling it was down to me to ride.

As I'm not a big fan of this lumpy course, I decided to ride this event in preparation for the faster event on the E2/25 the following weekend.

Unfortunately when I arrived at the HQ, I found out that Royal Mail had failed to deliver my entry form for that event and now too late to enter again.

Back to this event, there were only 23 names on the result sheet.

Top of the tree was Michael Hutchinson with a 50:25. In fifth place was local rider Martin Reynolds (CCC) who was first of the field outside of the hour with a 1:00:49. I managed twelfth place with a 1:08:01 but this being a VTТА event, the full time results are placed in order of improvement on standard that placed me last!



See what the lust for silverware can do to a man?

The Human Labrador

One thing about this trophy-winning lark is that it can get addictive—just imagine the lengths Alan Kidd had to go to, to wean himself off the habit of craving the 10 and 25 mile championship trophy year after year after year!

And the dusting!

The "If Only" trophy is a case in point—it takes

something special to win one of these, it not being sufficient simply to be good at riding a bicycle.

To keep said trophy for a second year has not been done in history: the level of achievement required being beyond the reach of most mortals.

Nonetheless, I might be in with a chance, having

sacrificed a whole season of racing to qualify for a hip replacement at the tender age of 47.

Hopefully this will take place on 15th July, by which time I will share many of the characteristics of a Labrador, besides the uncontrollable appetite and luxuriant hair.

However, unlike Doug and Pauline's pupils, I can't be trusted to sit and stay still in a supermarket aisle...!



A shiny nose is a sign of good health



The Jet Age

Your editor writes...

Although the inclusiveness of our club has been questioned from time to time, it remains true that all of us are happy to help anyone enjoy cycling, regardless of their age, shape or colour.

We may not have the size or resources of other clubs to back a formal development scheme, but we still enjoy helping riders achieve their best in whatever way we can.

So, it's really gratifying for us old-timers when we witness



something really special happening, and we hope Danielle's successes help to inspire others who aspire to

race, or who simply want to get out and ride when the odds seem to be stacked against them... *Go Yellie!*

National 10 Mile Championships

25th May

B10/18

by Kaptain Kev

Danielle's preparation for the national championships started at the beginning of May with a PB ride on the first of the club's events on the Hardwick - Caxton/ Cambourne courses.

With only the front of the pair of Lightweight wheels loaned out by The Quiet Man™ just that evening, she managed to chip off 6 seconds from her club record ride of last year to 27:03.

Come rain, wind and shine in the weeks that followed, she consistently turned out short 27 minute rides in both club and open events. Some of these events the conditions were that unfavourable, her Dad was sometimes minutes rather than her seconds away from his best ride.

This great form not only produced another record ride, this time dipping her under the 27 minute mark for the first time but also a podium finish. Danny's 3rd fastest lady at the Peterborough event set her up nicely for the big event the following week.

8°C, wind, rain and hail stones lashed the country. Luckily that was the Friday before the event and the Saturday morning saw the sun come out and spread a little warmth, however the northerly breeze tried its best to keep the spring temperatures down.

Danielle was first of the ten junior girls to set out around this square shaped course. This rolling circuit had three testing left hand corners, the first of which being the trickiest due to a drain cover right on the racing line, coming after 2.5 miles from the start.

The northerly breeze assisted the riders along the second leg and made the long rise feel slightly easier. After the final left corner, the riders faced the wind head on for the final one and a half miles to the finish line.

(Continued on page 5)

*"See this face?
It's my race face,
this is..."*



National 10 mile Championships

(Continued from page 4)

Although slightly concerned about not being as fast as the other girls, Danny put everything into her ride and flew round the challenging course to break her personal best for the third time this season. Danielle's 26:53 did place her above one other girl and three boys.

When compared to the ladies event, she was quicker than 16 others in that category.

Back at the HQ after the event, in front of a very proud Mum, Dad and Grandparents, Danielle was awarded an age category medal for fourteen year olds.

So Team Cambridge can now boast that we have a national champion within the club.

The first of the top three girl's prizes went to Alice Barnes of Scott Contessa Epic RT with 23:42. The next 2 prize places also went to 17 year olds.

The hope is that Danny can learn from her first experience at the championships and will continue to build on her ability and confidence, and in three years' time be able to stand on the podium as a National Champion!

Words: Dad

Pictures: Mum & Granddad (Papa Rat-see)



To Go Ride or not to Go Ride? That is the Question...



your Editor writes

I've done a little research following Shelton's leads and the most obvious route is that of becoming a "Go Ride" club, of which there are half a dozen within an hour's drive.

This obviously has the backing of British Cycling and requires a degree of formality in terms of the club rules; namely the appointment of a Club Welfare Officer and having a Safeguarding and Protecting Children Policy.

None of these are particularly objectionable, as long as there is someone with enough commitment to undertake the CWO role who has the general support of the rest of the club.

That's a lot of kids on a Sunday morning!

Beyond this, I am not sure whether there is then an obligation to put on a certain number of events for young people (under 18s in this context) or any at all.

I assume for the time being that at least we would be able to allow young people to join club rides and time trials without their parents being present.

Most other sporting clubs work within this framework, from rugby to Scouts and it is a big part of their operation overall.

For example, Newmarket

Rugby club has only two senior teams but 13 youth, junior and girls' teams!

That's a lot of kids on a Sunday morning and without them there wouldn't be much of a club.

Of the local Go-Ride clubs, CUCC and "the other lot" are accredited; also Cambridge Tri. One simple way to get more acquainted with the

pros and cons of this might be to liaise with their CWO and see how they do it, or whether there is any mileage in working jointly with them to support or co-host events with them.

Obviously, without some young members coming in there isn't much point in doing all this, but in order to start one has to have the structure in place.

Committee Corner

Team Cambridge Cycling Club

President: Doug Parker

Chairman: Tony Clarke

Hon. Secretary: Sue Clarke

Treasurer: Pauline Parker

Racing Sec: Paul Millard

MTB Secretary: Kaptain KeV

Membership Sec: The Quiet Man™

SpokesTwit: Champagne Charlie

The family friendly cycling club, where red and yellow is always the new black!

www.team-cambridge.co.uk

Your editor apologises for some of the information being a few weeks old by the time this edition gets published—mainly this is due to the exigencies of getting the time-hungry task of compilation done when the muse takes me and my early-morning slot is not consumed by the need to earn a crust.

However, in this technological era it is hard to compete with the most excellent Team Cambridge website for up-to-date information, so perhaps

The Spokesman might be viewed more of a journal to look back on when the immediacy of the moment has passed? (Or may be I should pull my finger out.)



Bottisham 10 29th May E33/10

There was more cause for parental proudness last month (as well as the more usual inter-generational bickering).

No.1 son Adam Tallack took to the pedals for the first time on 29th May and not only bagged the obligatory PB but also smashed his way into a juvenile silver standard with a time of 35:12 on a typically cloudy and blustery evening.

Regrettably, we had not anticipated such a strong debut or we might have had the gump-tion to get the application form in beforehand and thereby claim the medal, but hopefully there will be plenty more occasions this season to get some silverware in the bag.

Adam was riding the somewhat familiar Gios Compact that has previously featured

many times in the ownership of Ian "The Stick" Millard and was originally owned by Trevor Kimber. Given his recent misfortune, I wonder if he was tempted to ask for it back?

Anyway, it's a lovely bike and its pedigree can be felt in a way that such bikes seem to express. No doubt this will feature in a future edition of *Bikewatch*, possibly for the third time?

Similarly, this was only Adam's third ride on a road bike, and unlike his dad he seems to have a natural ability without apparently trying. His take on it was that he didn't want to take the warm-up too seriously in case he got nervous!

Nonetheless, when Colette counted down he went off like a bullet and it took me all of



400 metres for his chaperone (i.e. me) to chase him down!

I'm looking forward to more of the same, but in the meantime Paul and Trev have offered to ride shotgun in case I'm not fast enough to keep up!

(Champagne) Charlie

